

# [***Do Facebook and Instagram influence your politics? 35,000 took a break to find out***](https://advance.lexis.com/api/document?collection=news&id=urn:contentItem:6C1C-PKC1-F027-X020-00000-00&context=1516831)

NBCNEWS.com

May 13, 2024 Monday 10:53 PM GMT

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**Length:** 74 words

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Thomas Trutschel

The Facebook app logo is displayed on a smartphone.

Researchers wanted to understand how not using Facebook and Instagram would affect individual users' ***politics***.

**Load-Date:** May 14, 2024

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